

# Anxiety Free Dental Care

Marc Gottlieb D.D.S.  
3601 Hempstead Turnpike  
Levittown, NY 11756

## Instructions for Pediatric Treatment with Chloral Hydrate

### Morning prior to treatment

1. **No eating or drinking, not even water.**
2. Dress the child in comfortable clothing.
3. Please **DO NOT** bring any other children to the appointment.

### After treatment

1. Have your child bite on the cotton roll in until you get home and change every ½ hour or feeling returns.
2. Make sure he/she **does not bite** her cheek, tongue, or lip as he/she is **numb**.
3. **NO** bike riding, swimming, or any type of physical activity for the rest of the day. Your child is drunk and needs to be supervised for 24 hours.
4. **NO** school for the entire day.
5. Plan on staying home for the **entire day**.
6. Soft diet such as eggs, pancakes, soup, yogurt, etc.