## Anxiety Free Dental Care

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## INSTRUCTIONS FOR PARIENTS SCHEDULED FOR ORAL or INTRAVENOUS (IV) SEDATION.

- 1. Please make sure your medical history is updated. Any changes with mediation, possibility of pregnancy, phone numbers, etc.
- 2. Please make sure **NOT** to eat or drink anything, **even** water, six (6) hours before appointment.
- 3. If you take **medication daily**, check with Dr. Gottlieb for instructions.
- 4. Please wear comfortable clothing, sleeves that give access for IV. Wear sneakers or closed shoes, **no heels**, something easy to walk in. Avoid wearing jewelry, as little make up as possible and no contact lenses.
- 5. You **cannot drive for 24 hours** so please arrange for someone to drive you home and stay with you for the day.

Please be sure to confirm appointments. Please be prompt.

If you have any questions, please call 516-796-6600.